Volume 2

Febuary 2012

JUNIORS' IN ACTION

http://gfwctauntonraynhamjuniors.org



GFWC TAUNTON AND RAYNHAM JUNIORS

MEMBER OF THE GENERAL FEDERATION OF WOMEN'S CLUBS



UPCOMING MEETINGS & EVENTS



AND THE NOMINEES ARE . . .

February 6, 2012: Business Meeting at The Arbors at 7:00 pm.

February 27, 2012: Board Meeting at The Arbors at 7:00 pm.

March 5, 2012: Business Meeting at The Arbors at 7:00 pm.

February 12: Valentine Tea at the VFW Hall in Taunton.

HOSPITALITY

February 2012 - Denise Wheeler (C) and Kelly Campbell

March 2012 - Judy deAbreu (C) and Susan Carlson

Monthly Prize contributor for February: Joyce Clark

MARILYN PERRY LEADERSHIP AWARD

This award is given to a Junior clubwoman who demonstrates outstanding leadership qualities and abilities, and uses them to benefit both her <u>GFWC club</u> and her <u>community</u>.

Our Nominee is Joyce Clark. We wish her the best of luck at the April GFWC of MA Junior Annual Conference.



MARTHA MICHALEWICH CLUBWOMAN OF THE YEAR AWARD

This award goes to the clubwoman who has gone above the call of duty for her club. She is the <u>clubwoman</u> who almost always says yes, takes on the roles both as a follower and leader, represents her club in the most positive light and always promotes the club and its activities.



Our Nominee is Denise Wheeler. We wish her the best of luck at the April GFWC of MA Junior Annual Conference.

Don't Miss our February Meeting:



VALENTINE'S DAY HERSHEY KISS BAGS

Remember to bring in 2 Bags of Hershey Kisses to our February meeting for our annual Valentine Gifts we give to our local nursing home residents. AMERICAN HEART HEALTH MONTH
- WEAR RED

Come watch a short video, "Just a Little Heart Attack".

Order your "Little Red Dress" pin online at: www.goredforwomen.org/



PROJECT FOR WATER CENTRIC

Help us continue to create our Junior International Outreach project.





2013 GFWC CALENDAR PHOTOS

Vote for your favorite Juniors' photo that will be entered into the GFWC 2013 Calendar Contest.

SAVE THE DATE: FEBRUARY 6, 2012

We will be putting together bags of Hershey Kisses to deliver to local nursing homes and the VA Hospital. Bring bags of Hershey Kisses, small clear gift bags and ribbon and we will package them up after the business

SAVE THE DATE: FEBRUARY 12, 2012

Our Valentine Tea will be held Saturday, the 12th at the VFW hall on Ingel Street. More details coming soon.

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SAVE THE DATE: MARCH 24, 2012

Sign up for the next Foxwoods Fundraiser trip. Tickets are available from Jane Pittsley.

Recipe of the Month

Submitted by Joanna Alden

Here is a recipe for old fashioned **Beef Stew** which I got from my Mother. The Beef can be substituted with any meat you want to use, including leftovers. If you using a myriad of leftovers, my Dad called it Mulligan Stew.

This was always a hearty meal on a cold winter's day, harking back to our childhood in the 1930 - 1950 era. Things were tough then; money short; post-depression; WWII; no electronics or microwaves, just old pots and pans. It's a typical Portuguese recipe - no measuring, just instinct, but always came out good.

BEEF STEW

Start with a large pot. Add a cup of olive oil (or whatever you have) and simmer a couple of large onions till soft. Add green peppers, if you have a couple or not. Everything should be chopped small, but not tiny.

Add desired kind and amount of meat and brown well. Add a cup or so of catsup (depending on amount of meat). Add a cup or two of hot water and mix in. Simmer a while.

While simmering, cut up a couple of cups each of potatoes, carrots, mushrooms, parsnips, if available, and any leftover veggies you may want to use. If you wish, add more water/catsup mix to add to volume.

Simmer for a couple of hours (today you can also use a crockpot, especially if you have to leave it alone). Serve over rice or with homemade Portuguese bread.

Footnotes:

I often throw in a cup of leftover Liguica for added flavor, but then you don't need to add salt and pepper, as it's already there. If you like spice, use chourico.

Sometimes I throw in celery pieces and/or chick peas or kidney beans - for volume, protein and because I like them.

If using fresh and leftover veggies, don't add the leftovers till all else is cooked.

COMMITTEES

Conservation - OPEN

- We recycle! See our website for a list of all items. www.gfwctauntonraynhamjuniors.org/conservation.aspx
- Darlene is collecting yarn of any type except fun fur or eyelash for a lady she knows who can make baby sets for Birthright. Denise knows someone who can use eyelash and fun fur yarn.
- Darlene's church is collecting clean used blankets, hats, gloves, mittens, socks, sweatshirts, scarves, thick socks, large mittens, soap, and small and large duffle bags for needy families. Socks, soap, and duffle bags are especially needed.
- Nancy Martin is collecting men's clothing for a homeless shelter.

Education - Cindy Brogan

- Book Swap: Bring books you have read to swap with others or donate to Friends of the Library.
- Prison Book Program: Donate a paperback dictionary or thesaurus.

Homelife - Denise Wheeler

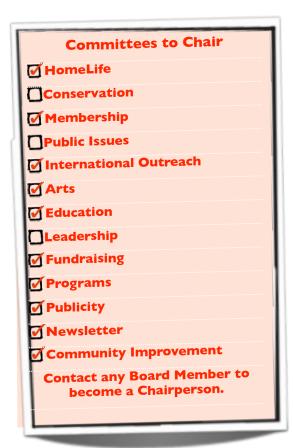
- Samaritan House is requesting aluminum foil, plastic wrap and paper products.
- Pride, Inc.: board games and craft supplies (see website) for their dayhab center.
- Raynhan Food Basket: cereal
- § St. Vincent dePaul and Main Spring House: bar soap and canned goods.
- A Women's Concern: your spare change
- Winslow Farm: D batteries, flash lights and canned yams. For more information on how you can help, go to www.winslowfarm.com

International Outreach - Nancy Clark

- Bring pens and pencils for a catholic mission in India.
- Save stamps and Christmas cards for India missions.
- The <u>Junior International Outreach Project</u> will be collecting change for *Water Centric*, an organization that helps provide sanitation facilities for 300 schools in India.

Public Issues - OPEN

- Taunton Federal Credit Union is collecting teddy bears for the Taunton Emergency Management System.
- We are continuing to collect items for our troops in two bins at the Taunton Public Library.



COMMITTEES

Membership - Vel Bleau

- Happy Birthday to You! Unfortunately, we have no February birthdays.
- We had 65% member attendance at our January meeting.
- What a beautiful day it is and you can do anything you set your mind to! The real magic formula to getting what you want most in life is simple; a dream plus determination and you have got both! Also, brush off your doubts and let positive thinking take you where you are headed "to certain success!"
- We will be installing a new member at our February meeting Patricia (Pat) Cedeno Pat is from Taunton and a good friend of Nancy Brown. Pat has two sons Derrick, 20 years old and Austin, 16 years old.

Arts - Susan Carlson

- Funny Bones Trivia We had 10 winners from last month's trivia. That's a record! Joan Curran, Judy deAbreu, Jane Pittsley, Deb Brennan, Joanna Alden, Judy Ackerman, Joyce Clark, Nancy Brown, Cindy Burch, and Nancy Clark. Look for our next Trivia question in March's Newsletter.
- Art and Photography Contests: If you have a photograph or work of art you would like to submit to any of the GFWC contests, bring them to our meeting in February to give to Nancy Clark. They will be presented at Club Institute in March for judging.

Leadership - OPEN

Fundraising - Jane Pittsley

- We are planning our next Casino Trip for March 24. More details to come.
- Joyce and Denise are accepting items to create Spring, Fall, Irish, Easter and Children's baskets for our upcoming fundraisers and events.

Programs - Joanna Alden

Nancy Brown will share with us her experiences from her Honduras trip at our March meeting.

Community Improvement - Nancy Clark

We will make plans shortly to dedicate our benches at Boyden.

Publicity - Nancy Brown

The Taunton Daily Gazette included an article on our Holiday Party and Board Installation and our upcoming Valentine Tea. Also look for our Valentine Tea advertised on cable TV stations.